

INSIGHT

Centre for Workforce
Development in Health

TRAINING CALENDAR

SEMESTER 1-2012

INSIGHT TRAINING CALENDAR

FOR SEMESTER ONE 2012

The Seminar and Training Program has two semesters; March to June and August to November. The Seminar Program and Training Events Program are published twice a year in January and in June. This Calendar shows the INSIGHT workshops that will occur throughout first semester 2012 (March to June). INSIGHT staff are committed to providing best practice evidence based education and training for workers in the alcohol and other drug field. We look forward to seeing you during the year.

Contact details and enquiries

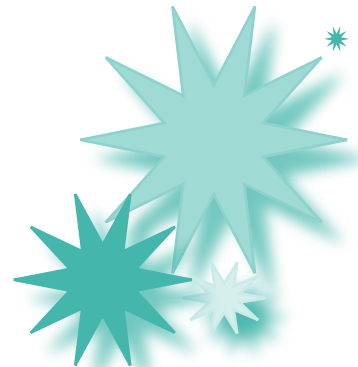
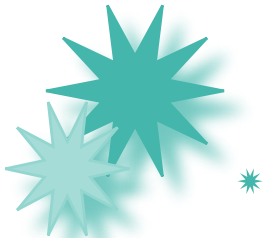
For information on any of the services offered by INSIGHT, or to place your name on the mailing list please contact:

INSIGHT

Phone: (07) 3837 5655

Fax: (07) 3837 5716

Email: InSight@health.qld.gov.au



Bookings and invoices

Bookings for workshops are **essential**. Please photocopy, complete and return the Event Application Form to INSIGHT (Fax: 3837 5716) to secure your place in the training events of your choice. Queensland Health staff **must** have their line manager sign the application form. Where a fee applies, an invoice will be sent to you/your organisation following your workshop attendance. Most workshops are limited to 20 participants so early registration is recommended. The final date for accepting applications is **two weeks** before the scheduled course date for all workshops.

Please note: Applications will not be accepted after the closing date.

Written confirmation of your place in the workshop will be sent after the workshop application closing date (to the email address you have nominated for correspondence).

Venues

Unless otherwise specified, all training events are held in the Edwards Miller Training Room, 4th Floor Biala, 270 Roma Street, Brisbane.

Fees for training

With the exclusion of special training events, there is no charge for Queensland Health employees for workshops. For non-Queensland Health employees, a \$50.00 per half-day fee will apply, and when a course is a full-day the charge is \$100.00. This cost includes materials and lunch for full-day training and are inclusive of GST. The Orientation Programme is free and available to Queensland Health staff, but all meals, accommodation and transport expenses are the responsibility of the participant and/or their sponsoring organisation.

Fee waiver

Application may be made for the consideration of an INSIGHT course fee waiver by individuals representing 'not for profit' human service organisations.

Please submit all INSIGHT fee waiver applications in writing to:

Program Manager, Education and Training
Alcohol and Drug Service
270 Roma Street
Brisbane Q 4001

Email to Margaret Ness:
InSight@health.qld.gov.au

Cancellation policy

In the event that you are unable to attend a workshop that you have booked for, please notify INSIGHT on (07) 3837 5655 as soon as possible, prior to the workshop date.

Course cancellation

Applicants will be notified by email if courses are cancelled.

Parking and transport

Rail and bus services are conveniently located and are the easiest and most economic modes of transport to Biala. Parking is available at the Roma St Transit Centre and the Barracks Secure Parking at hourly and daily rates. We regret that parking is not available at Biala for training events.

Seminars in Drug and Alcohol Studies

The Seminars in Drug and Alcohol Studies are held at Biala during each training semester on Wednesdays from 9.00 – 10.00am. There is no cost for these seminars. No bookings are necessary.

INSIGHT CALENDAR SEMESTER1-2012

AT A GLANCE

Access our training information on the Internet

Both the INSIGHT training calendar and seminar program are available on the Internet in three easy steps:

1. Access the Queensland Health Alcohol, Tobacco and Other Drugs site at the following address:

http://qheps.health.qld.gov.au/tpch/adtru/adtru_home.htm

2. Click on the link to “Seminar in Drug and Alcohol Studies” or click on “ADTRU Training Calendar”

3. Download all of our information in PDF format.

Air conditioning

Isn't it amazing how airconditioning always seems to be a lot colder at the end of the day? For your comfort, consider bringing a light jacket with you to training sessions.

Date	Training Event	Duration	Page	Event #
8 & 9 March	Staff Orientation Programme	1½ days	5	11222
15 March	Practical Research: The Basics	1 day	12	21212
27 March	Understanding Psychoactive Drugs	1 day	6	31213
19 April	Assessment and Brief Intervention for Drug Use	1 day	7	41211
3 May	Introduction to Motivational Interviewing for Drug Use	1 day	10	51215
10 May	Applied Motivational Interviewing for Drug Use	1 day	13	61214
18 May	Walk on the Wild Side WOWS	1 day	14	71211
31 May & 1 June	Introduction to Dual Diagnosis for Alcohol Tobacco and Other Drug Staff	2 days	11	81215

INSIGHT WORKSHOP TRAINING STAFF

Agnes Maskalans is the Acting Dual Diagnosis Clinical Nurse Consultant. She is experienced in both mental health and alcohol and other drug field and has been extensively involved in clinical service delivery.

Lauren Betar is a clinical nurse working in the Opioid Treatment Service. Lauren is an experienced practitioner in Cognitive Behaviour Therapy and Relapse Prevention and Management strategies within the Alcohol and Other Drug field.

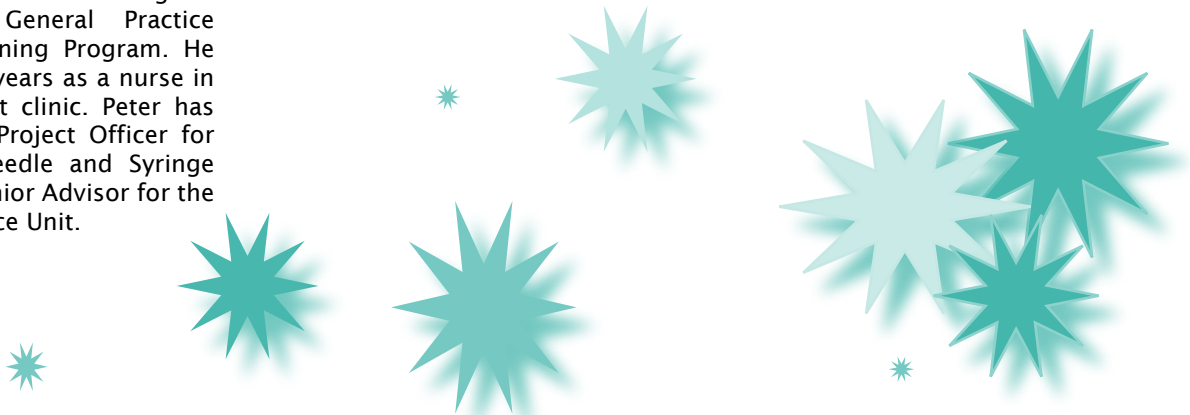
Peter Cochrane is the Senior Program Officer for the General Practice Education and Training Program. He spent a number of years as a nurse in an opioid treatment clinic. Peter has experience as the Project Officer for the Queensland Needle and Syringe Program, and as Senior Advisor for the Drugs of Dependence Unit.

Ruth Daly is the Acting Nurse Educator. She has a background in cardiac nursing and has worked in the opioid treatment service within the Alcohol and Drug Service for a number of years.

Jane Fischer is the Program Manager for Research Studies. She has worked as a researcher in the drug and alcohol area for over a decade. Jane is currently completing her PhD at the University of Queensland.

Margaret Ness is the Program Manager, Education and Training. Her experience in the drug and alcohol field spans across both research and clinical arenas as a psychologist and also as a registered nurse.

Dr Carla Schlesinger is a clinical psychologist and the Director of INSIGHT, Alcohol and Drug Service. She has a particular interest in group therapies, mindfulness based interventions and in the cognitive and behavioral factors related to drug misuse.



STAFF ORIENTATION

EVENT #: 11222

STAFF ORIENTATION PROGRAMME

THURSDAY 8 MARCH 2012: 9.00 AM – 1.00 PM

and

FRIDAY 9 MARCH 2012: 9.00 AM – 3.00 PM

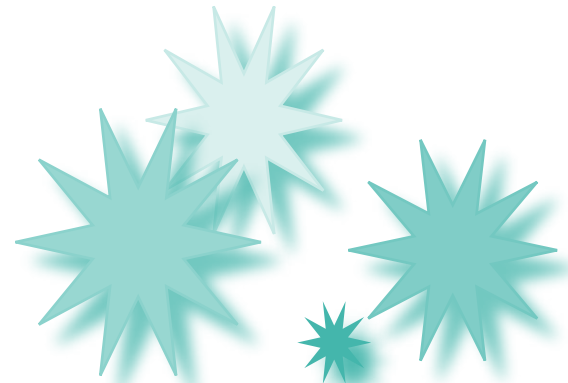
The staff orientation programme will provide all new staff to the Alcohol and Drug Service (ADS, Metro North Health Service District) with an orientation to the Service. New staff working in other Alcohol, Tobacco and Other Drug Services within Queensland Health are also welcome to attend.

The programme will cover ADS core knowledge and overview:

- structure and functions
- ethics and practice
- administrative roles
- clinical practice.

Facilitator: Ruth Daly

Cost: No charge



EVENT#: 31213

UNDERSTANDING PSYCHOACTIVE DRUGS

THURSDAY 27 MARCH 2012

9.00AM – 4.00PM

BOOKINGS CLOSE 13 MARCH 2012

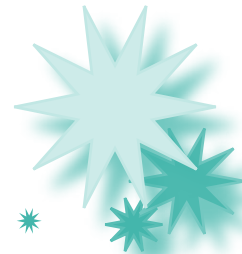
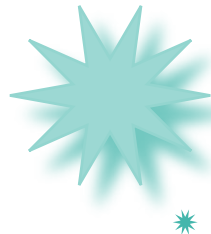
This workshop is designed for those wanting to gain an understanding of what psychoactive drugs are and the various licit and illicit substances used in Australia today. The workshop will also cover:

- classification and effects of psychoactive drugs
- substance abuse and substance dependence
- patterns of use and harms from substance use
- basic neurobiology
- intoxication and overdose
- tolerance, withdrawal and detoxification
- pharmacotherapies currently available
- street names for commonly used drugs.

Presenters: Peter Cochrane and Agnes Maskalans

Cost: \$100

Queensland Health staff free



EVENT #: 41211

ASSESSMENT AND BRIEF INTERVENTION FOR DRUG USE

THURSDAY 19 APRIL 2012

9.00AM – 4.00PM

BOOKINGS CLOSE 4 APRIL 2012

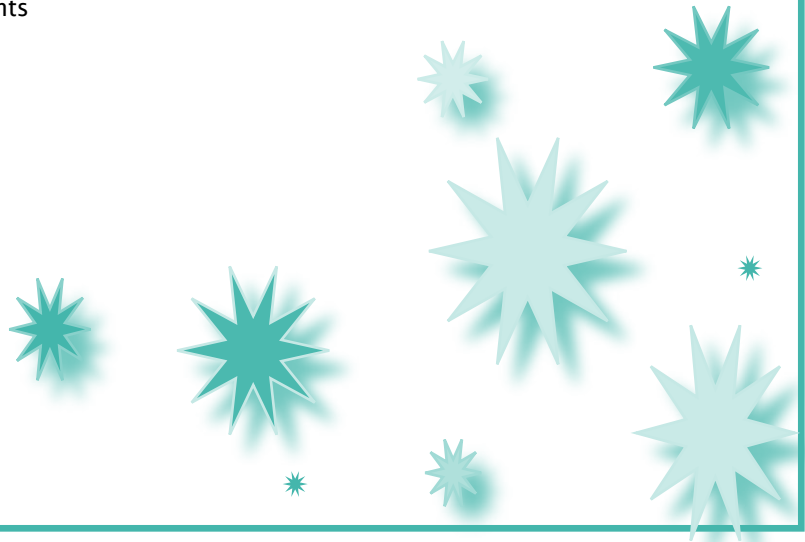
This interactive workshop will introduce participants to assessment for alcohol and other drug problems. It will include:

- raising the issue of alcohol and other drug use with clients
- screening instruments
- assessment instruments
- biopsychosocial elements of assessment
- situational alcohol and other drug risks
- practical skill development exercises.

Presenters: Peter Cochrane and Ruth Daly

Cost: \$100

Queensland Health staff free



INSIGHT TRAINING APPLICATION

Metro North Health Service District

Event Application Forms can be
PHOTOCOPIED and then faxed to

INSIGHT Workshops at

Fax: (07) 3837 5716 or

posted to: INSIGHT, GPO Box 8161
Brisbane, Q 4001.

Please do not send cheques with
your Event Application Form. An
invoice will be sent to you or your
organisation (whichever you nominate)
following your attendance at each
workshop.

Please note: The final date for
accepting applications is two weeks
prior to the scheduled course date.
Applications will not be accepted after
this date.

For general enquiries:
Phone: (07) 3837 5655.

Please tick choice:

Date	Training Event	Event #
<input type="radio"/> March 8 & 9	Staff Orientation Programme	11222
<input type="radio"/> March 15	Practical Research: The Basics	21212
<input type="radio"/> March 27	Understanding Psychoactive Drugs	31213
<input type="radio"/> April 19	Assessment and Brief Intervention for Drug Use	41211
<input type="radio"/> May 3	Introduction to Motivational Interviewing for Drug Use	51215
<input type="radio"/> May 10	Applied Motivational Interviewing for Drug Use	61214
<i>Summary included?</i> <input type="radio"/> yes <input type="radio"/> no		
<input type="radio"/> 31 May & 1 June	Introduction to Dual Diagnosis for Alcohol Tobacco and Other Drug Staff	81215

PLEASE PRINT ALL DETAILS CLEARLY

Date...../...../2012

Title: (please circle): Mr Mrs Ms Miss Dr Other Name

E-mail (All correspondence will be via this email address)

Address:.....

..... Post Code:

Please tick if this is your organisational address or home address

Daytime phone..... Fax.....

Special Dietary Requirements No Yes

Queensland Health employees to complete

(Please print all details)

Applications without line managers approval cannot be accepted

Line manager's approval:

Name:

Signature:

District:

Non-Queensland Health employees to complete

(Please print all details)

Name of organisation:

ABN:

Note: applications without an ABN cannot be accepted.

Line manager's approval:

Name:

Signature:

EVENT#: 51215

INTRODUCTION TO MOTIVATIONAL INTERVIEWING FOR DRUG USE

THURSDAY 3 MAY 2012

9.00AM – 4.00PM

BOOKINGS CLOSE 19 APRIL 2012

This is a workshop for those wanting to develop introductory skills in managing clients who are ambivalent about making change to their drug use. The interactive skills based workshop will cover:

- an overview of the Stages of Change model
- motivational interviewing principles and micro-counselling skills
- brief motivational assessment
- motivational interviewing strategies
- practical skill development.

Presenters: Peter Cochrane and Ruth Daly

Cost: \$100

Queensland Health staff free



EVENT#: 81215

INTRODUCTION TO DUAL DIAGNOSIS FOR ALCOHOL TOBACCO AND OTHER DRUG STAFF

THURSDAY 31 MAY and FRIDAY 1 JUNE 2012

9.00AM – 4.00PM

BOOKINGS CLOSE 17 MAY 2012

PLEASE NOTE: THIS WORKSHOP IS ONLY AVAILABLE TO STAFF WORKING IN THE AOD FIELD WHO ARE LOOKING TO DEVELOP SKILLS IN MENTAL HEALTH.

This two-day course is designed to assist participants gain an understanding of Dual Diagnosis and how it impacts on both mental health and ATOD clients.

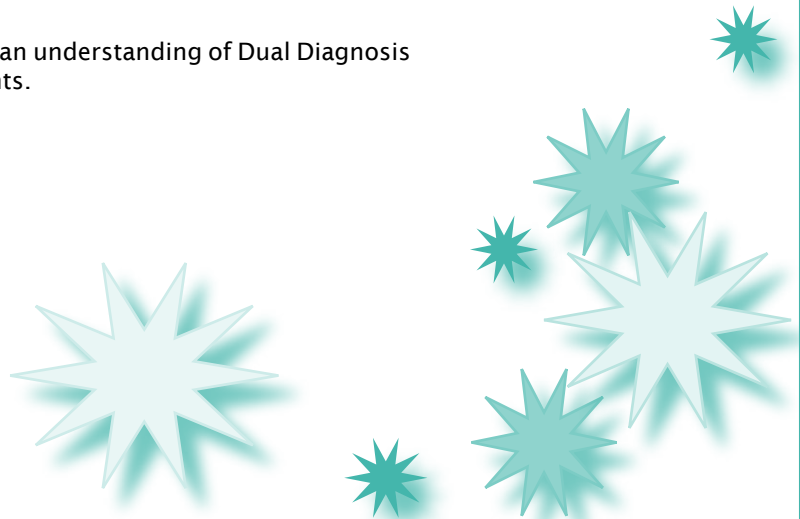
Topics include:

- overview of comorbidity
- classification of mental disorders
- assessment and identifying comorbidity
- management and treatment
- working collaboratively
- specific population groups.

Facilitator: Agnes Maskalans

Cost: \$150

Queensland Health staff free



EVENT#: 21212

PRACTICAL RESEARCH: THE BASICS

THURSDAY 15 MARCH 2012

9.00AM – 4.00PM

BOOKINGS CLOSE 1 MARCH 2012

This workshop will introduce participants to the principles of research methodology. It will be framed around the application of these principles to understanding and critiquing a published article.

The following topics will be covered in the workshop:

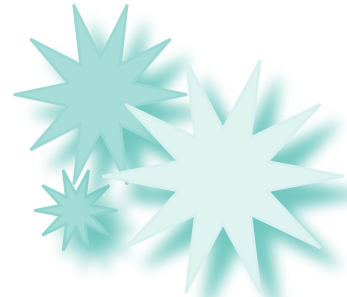
- question formulation
- study design
- sampling
- measurement
- data and its collection
- ethical considerations
- generalisation of findings.

Please bring two journal articles of your choice to the workshop.

Presenter: Jane Fischer

Cost: \$100

Queensland Health staff free



EVENT#: 61214

APPLIED MOTIVATIONAL INTERVIEWING FOR DRUG USE

TUESDAY 10 MAY 2012

9.00AM – 4.00PM

BOOKINGS CLOSE 26 APRIL 2012

This experiential workshop is for clinicians with a good working knowledge and previous experience in the use of motivational interviewing techniques. The workshop will further develop clinical skills in motivational interviewing through practical exercises which demonstrate and critically appraise each participant's performance.

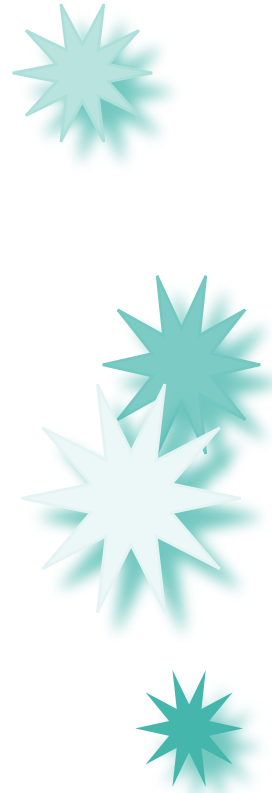
This interactive workshop will involve constructive feedback of each participant's clinical skills during practical demonstrations to the group.

PLEASE NOTE: PLACES ARE LIMITED DUE TO THE INTERACTIVE NATURE OF THIS WORKSHOP. AS PART OF YOUR APPLICATION PLEASE SUBMIT A SHORT SUMMARY OF YOUR EXPERIENCE USING MOTIVATIONAL INTERVIEWING, TO ENSURE YOUR SUITABILITY FOR THIS WORKSHOP PRIOR TO A PLACE BEING GIVEN.

Presenters: Peter Cochrane and Ruth Daly

Cost: \$100

Queensland Health staff free



SPECIAL EVENT

14

EVENT#: 71211

Walk on the Wild Side 2012 (WOWS V) “Changing Gear” – A youth focused event reviewing the big picture of substance use, neurodevelopment and society.

FRIDAY 18th MAY 2012

8.30 AM for 9.00 AM start – 5.00 PM

BOOKINGS CLOSE 11 MAY 2012

Where: Brisbane Convention Centre (subject to final confirmation)

Cost: \$100

WOWS is an annual one-day educational symposium for Alcohol and Drug Clinicians. Sessions for 2012 will include:

- Preventing alcohol misuse
- Cognitive enhancers
- Opioid treatment programs and improving access (including a 1 hour workshop)
- Youth suicide and social media
- Youth, early psychosis, trauma and substance use disorder
- Hello Sunday Morning

WOWS V guest presenters will include:

- Professor Ross Homel, Griffith University
- Dr Brad Partridge, UQ Centre for Clinical Research
- Professor Michael Farrell, UNSW and Director of NDARC
- Professor Graham Martin, UQ Child and Adolescent Psychiatry
- Dr James Scott Consultant Psychiatrist, Early Psychosis Service MNHSD
- Mr Chris Raine or Hello Sunday Morning team member



WOWS APPLICATION FORM

Registration will include a delegate satchel, access to trade displays and entry in the “Stay till the end” prize draw.

(PLEASE PRINT ALL DETAILS CLEARLY)

Date...../...../2012

Title: (please circle): Mr Mrs Ms Miss Dr Other **Name**

.....

Position

Team:.....

Service.....

Email:..... (All correspondence will be via this email address)

Daytime phone.....**Fax**.....

Special Dietary Requirements No Yes

Cost: \$100

Payment is made via Credit Card on the DANA website:

<http://www.danaonline.org/>



IN SUMMARY

Training Event	Date	Page	Event #
Staff Orientation			
Staff Orientation Programme	8 & 9 March	5	11222
Core Introductory Alcohol and Other Drug Training			
Understanding Psychoactive Drugs	27 March	6	31213
Assessment and Brief Intervention for Drug Use	19 April	7	41211
Introduction to Motivational Interviewing for Drug Use	3 May	10	51215
General Education			
Introduction to Dual Diagnosis for Alcohol Tobacco and Other Drug Staff	31 May & 1 June	11	81215
Advanced Training for Alcohol and Other Drug Workers			
Practical Research: The Basics	15 March	12	21212
Applied Motivational Interviewing for Drug Use	10 May	13	61214
Special Event			
Walk on the Wild Side WOWS	18 May	14	71211

