This guide provides an overview of youth alcohol and other drug treatment services across Queensland. Most of these services are funded to work with young people aged 12-25 who are at risk of or currently experiencing alcohol and other drug related harms. There are a range of services that may provide general support for young people around their use of alcohol and other drugs which are not included in this guide. Instead, this guide focuses on those services which have a specific focus on youth alcohol and other drug treatment.

To find out more information about alcohol and other drug treatment services in your local area, contact ADIS. ADIS is a free 24 hour, 7 day a week confidential support service for people in Queensland with alcohol and other drug concerns, their loved ones and health professionals.


Alternatively, you can contact Dovetail to find out if a youth alcohol or other drug service is suitable.

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**About Dovetail**

Dovetail provides clinical advice and professional support to workers, services and communities across Queensland who engage with young people affected by alcohol and other drug use. Dovetail is funded by Queensland Health and is delivered by the Metro North Mental Health - Alcohol and Drug Service.

*Dovetail provides training, practice support, and an online information clearinghouse*

[www.dovetail.org.au](http://www.dovetail.org.au)

**Version Number 2.0**

*Current as of January 2018.*
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Youth AOD Services in Queensland
Figure 1.
Youth AOD Service Locations in Queensland

Prepared by: Statistical Reporting and Coordination, Health Statistics Branch, 29 January 2015
Hospital and Health Services by recognised public hospitals and primary health centres as at 29 November 2014

Dovetail
Bridges Drug and Alcohol Treatment Service (DATS) is a community-based voluntary service based in the Wide Bay for people 12 years of age and over who wish to address the problems they are having with drugs and alcohol.

**Services:**

- Comprehensive Assessment
- Counselling
- Case Management
- Brief interventions/Education
- Motivational Interviewing
- Relapse Prevention
- Family Support, Counselling and Education
- SMART Recovery Groups
- Fresh Start – Quit Smoking

**Geographical area:**

Wide Bay Hospital and Health Service including Bundaberg, Hervey Bay, Maryborough, North Burnett.

**Contact details:**

**Street address:** Junction O’Connell Street & River Terrace, Bundaberg QLD 4670
**Phone:** 1300 707 655
**Fax:** 07 4145 5354
**Email:** referrals@bas.org.au
**Postal address:** PO Box 4, Bundaberg QLD 4670
**www.bas.org.au**
Brisbane Youth Service (BYS) delivers a range of services to homeless and vulnerable young people aged 12-25 and their accompanying children.

The BYS alcohol and other drugs program works together with young people who are interested in making positive changes in their lives. We work from a harm reduction approach which means we meet each person where they are at and support them to attain their individual goals.

**Services:**

- Alcohol and other drugs rehabilitation support
- Case management
- Education (with a focus on health and harm reduction)
- Counselling
- Relapse prevention
- Mobile Outreach
- Referral to other specialist services
- Needle and syringe exchange program for BYS clients only
- Free Medical Clinic

**Geographical area:**

Inner city Brisbane and surrounding areas.

**Contact details:**

**Street address:** 42 McLachlan Street, Fortitude Valley QLD 4006
**Phone:** 07 3620 2400
**Email:** admin@brisyouth.org
**www.brisyouth.org**
The Cairns Indigenous Youth Alcohol and Other Drug Service (IYAOD) is part of Cairns ATODS and delivers a range of services for Aboriginal and Torres Strait Islander young people aged 12 – 25 and their families. These services acknowledge key historical factors and contemporary drug and alcohol issues with a focus on social and emotional wellbeing.

**Services:**
- Primary clinical services
- Health promotion, screening and prevention
- Mandated Diversionary Programs
- Group Therapy-based programs
- Youth programs
- Education, training and community Development
- Early Intervention programs

**Geographical area:**
Cairns and Hinterland Hospital and Health Service district including Cairns, Mossman, Mareeba, Atherton and Innisfail.

**Contact details:**
Street address: 88 Abbott Street, Cairns QLD 4870
Phone: 07 4226 3900
The Cherbourg Drug and Alcohol Youth Service is a free and confidential alcohol and drug treatment service for people under 25 with complex alcohol and other drug concerns. The service also targets young people who are at risk of engaging in substance use. Individual counselling and group programs are available for young people as well as parents and significant others. All referrals of young people who are under the age of 16 years require consent from their guardians, which is gained before any contact with the young person is made.

**Services:**

- Cherbourg Engagement Breakfast every weekday morning from 07:20-08:30am (free of charge to any member of the Cherbourg Community)
- Drug and Alcohol education and health promotion
- Weekly interactive education sessions are presented at the local surrounding schools
- We also provide a daily Cherbourg AODS Volatile Substance Misuse Service
- Provide a range of interventions to address harm associated with substance use amongst young people
- The community health building has mental health, chronic disease, sexual health and social work
- AODS works closely with these other services to provide holistic care to clients.

**Geographical area:**

Cherbourg, Murgon and Wondai.

**Contact details:**

**Street address:** Cherbourg Community Health, Barambah Ave, Cherbourg QLD 4605
**Phone:** 07 4169 8929
**Fax:** 07 4169 8901
**Postal Address:** PO Box 361, Murgon Qld 4605
Clarence Street is a service for young people aged 13-25. There are a range of free and confidential services to support young people who experience issues with substance use. These include a residential withdrawal program, a specialist youth outreach team and a day program. Anyone can make a referral such as young people, their families, health and education professionals, and other youth agencies.

**Services:**

- Residential Withdrawal Program (young people 13-18 years)
- Individual counselling/support
- Harm reduction
- Relapse prevention
- Psychosocial interventions
- Day Program - 5 days per week including therapeutic group program and a Drop In program
- Family focused interventions - counselling/group program
- Individual, couple and group program support, psychoeducation and counselling
- Health assessment nurse/GP including sexual health
- PIVOT - Vocational Training program including Certificate II and III in hospitality and retail

**Geographical area:**

Greater Brisbane region. Statewide residential withdrawal program.

**Contact details:**

**Street address:** 36-40 Clarence Street, South Brisbane QLD 4101

**Phone:** 07 3163 8400

**Email:** clarencestreet@mater.org.au

**www.mater.org.au/clarencestreet**
Community Services Tablelands (CST)

Community Services Tablelands (CST) runs a one on one counselling service for clients dealing with substance use. We also offer support for family and friends. CST are funded to service young people up to the age of 25.

Services:

- Counselling
- Relapse prevention
- Comprehensive assessment
- Brief intervention
- Harm reduction and education
- Support for families

- Relapse Prevention - Building Resilience (Guitar Lessons).
- Drumbeat Program
- CST also offers services for clients with complex needs (Child Safety, Act for Kids), Clients on Mental Health Care Plans (Medicare) and we can do psychometric testing and psychological reports

Geographical area:

Tablelands: Mareeba, Atherton, Malanda, Millaa Millaa, Herberton, Yungaburra, Ravenshoe, Mt Garnet, Georgetown, Croydon and small communities on the Tablelands.

Contact details:

Street address: 1 Main Street, Atherton QLD 4883
Phone: 07 4091 3850
Email: cstadmin@cst.org.au
www.cst.org.au
The Darderrhi program offers a culturally appropriate program targeted at Aboriginal and Torres Strait Islander young people aged 12-17 years with substance misuse challenges. The Darderrhi program links young people into appropriate services identified through case management, group work, brief interventions and referrals.

**Darumbal Community Youth Services (Darderrhi: Indigenous Youth Drug and Alcohol Treatment Service)**

**Services:**

- Intervention support through case management
- 10 week intervention support program
- Access and referrals to counselling
- Outreach based brief intervention services
- Cultural Identity and Self-awareness
- AOD education
- Health, well-being and fitness sessions
- Group mentoring
- Cultural activities

**Geographical area:**

Rockhampton, Mount Morgan, Woorabinda.

**Contact details:**

Street address: 79b Bolsover Street, Rockhampton QLD 4700
Phone: 07 4922 6180
Email: reception@darumbal.org.au
www.darumbal.org.au
Drug ARM provides a wide range of programs and services to assist people (16 years and over) who are experiencing difficulties due to their own or a loved one’s alcohol or other drug use.

**Services:**
- Assessment
- Diversion programs
- Counselling
- Case Management
- Relapse Prevention
- Aftercare
- Library Services
- Education and Training services
- Mobile Health Services
- Street outreach services
- Family Support Services

**Geographical area:**
Brisbane, Gold Coast, Sunshine Coast, Wide Bay, Ipswich, Darling Downs, South West Queensland, Central Queensland.

**Contact details:**
- **Street address:** 473 Annerley Road, Annerley QLD 4103
- **Phone:** 07 3620 8880
- **Email:** info@hoa.drugarm.com.au
Gold Coast Alcohol and Other Drugs Service

Gold Coast Alcohol and Other Drugs Service (AODS) offer a supportive and confidential service for young people (15 years and above) wanting to discuss alcohol and drug use. It is a safe and non-judgemental space where young people can openly speak with professionals and receive information, education, guidance and treatment.

Services:

Our service offers a range of services across various locations including:

• Assessment and referral
• Counselling and support
• Education and information
• Group programs
• Outpatient detox
• Opioid replacement therapy
• AODS also have teams based at Robina Hospital and Gold Coast University Hospital. All our staff are here to help and support you.
• Health promotion and early intervention

Geographical area:

Gold Coast.

Contact details:

**Street address:** Palm Beach AODS
Palm Beach Community Health Centre
Level 1, 9 Fifth Ave, Palm Beach QLD 4221

**Phone:** 07 5525 5701
**Email:** AODSSouthernGC@health.qld.gov.au

**Street address:** Southport AODS
Level 4, Southport Health Precinct
16-30 High Street, Southport QLD 4215

**Phone:** 07 5687 9119
**Email:** AODSCentralGC@health.qld.gov.au

**Street address:** YHES House
161 Scarborough Street,
Southport QLD 4215

**When:** Thursday 9am-1pm
**Ages:** 12-25 years

**Street address:** Gold Coast Youth Service (GCYS)
15 Oak Avenue,
Miami QLD 4220

**When:** Wednesday 2-5pm
**Ages:** 12-25 years
Hot House is a free and confidential counselling service for young people under 25 years old. We provide an evidence based and trauma informed model of care to support clients with problematic alcohol or drug use as well as their families/significant others.

**Services:**

- Comprehensive Assessment
- Evidenced-based counselling (individual and group)
- Dual-diagnosis support for alcohol and other drugs and mental health concerns
- A safe, friendly, non-judgemental environment
- Family and significant other intervention
- Outreach clinics
- Collaborative case management with other services involved in the young person’s care
- Harm reduction
- Relapse prevention
- Support for outpatient withdrawal
- Supporting families/carers/friends
- Inclusive of vulnerable populations
- Needle and Syringe Exchange Program on site

**Geographical area:**

Metro-North Mental Health – Alcohol and Drug Service.

**Contact details:**

If a young person is interested in coming along, appointments for any of the sites can be made by contacting the Alcohol and Drug Information Service (ADIS) on 1800 177 833. Or you can contact your local site

**Street address:** Biala City Community Health Centre. 270 Roma Street, Brisbane QLD 4001  
**Phone:** 07 3837 5633

**Street address:** Redcliffe Community Health Centre. 181 Anzac Avenue, Kippa-Ring QLD 4021  
**Phone:** 07 3897 6330

**Street address:** Caboolture Community Health Centre. McKean Street, Caboolture QLD 4510  
**Phone:** 07 5433 8300

The Indigenous Wellbeing Centre Youth Program provides support and guidance for Aboriginal and Torres Strait Islander youth aged 10 - 21 years through a unique transformational, whole-of-person case management model. The case management model includes AOD, family and kinship relationships, homelessness, or risk of being homeless, education and employment, mental and physical wellbeing, cultural connections and social engagement.

Services:

- Assessment
- Counselling
- Education
- Relapse prevention.

Health Promotion and Prevention activities including:

- Education
- Family days
- Leadership camps
- Connection with culture and Elders within an intergenerational model.

Geographical area:

Bundaberg region in line with Bundaberg Regional Council area.

Contact details:

Street address: 184 Barolin St, Bundaberg QLD 4670
Phone: 1300 492 492
Email: info@iwc.org.au
www.iwc.org.au
LADDERS (Logan Adolescent Drug Dependencies Early Response Service) is a free and confidential service for young people aged 12-25 and their families who are experiencing problems relating to drug and alcohol use.

**Services:**

- Advice, information and counselling on ways to manage, reduce and/or stop problematic substance use
- Assessment and advice in a friendly, non-judgemental space
- Info and education on alcohol and other drug use
- We will work with other organisations that may already be supporting the young person (e.g. GP or mental health services)
- Individual and group therapy
- Supporting families/carers/friends
- Health promotion and early intervention
- Outpatient withdrawal and detox
- Lived experience peer support

**Geographical area:**

LADDERS is primarily funded to support young people living in Logan but will accept referrals for anyone residing in Metro South HHS catchment (Brisbane Southside, Logan, Beaudesert, Redlands).

**Contact details:**

Street address: 9 Station Road, Logan Central QLD 4114
Phone: 07 3299 3963
Email: msamhs_ads_ladders@health.qld.gov.au
Lives Lived Well runs a wide range of community programs and services across Queensland for people aged 18 years and over. The Youth Outreach teams help young people between 12 and 25 years, who may be having problems with alcohol or drugs. The service helps young people understand the effects of problematic substance use and support them to take positive steps towards enjoying a full and rewarding life. The service also take calls from family and friends who may be worried about a young person who has alcohol or drug problems.

Services:

- Counselling - one on one, telephone, outreach and group, family; relapse prevention.
- Community education
- Complex needs assessment
- Medical services
- Residential programs

Geographical area:

The service operate in more than 20 locations across Queensland. Many of the youth-oriented services are based in south east Queensland.

Contact details:

The youth outreach drug and alcohol program is offered from the Gold Coast, Sunshine Coast, Mackay and Townsville services.

- Burleigh Heads, 191 West Burleigh Road QLD 4220
- Maroochydore, 1/27 Evans Street QLD 4558
- Mackay, 63 Victoria Street QLD 4740
- Townsville: Park Haven Medical Centre, 5 Bayswater Rd, Hyde Park, 4812

Other service hubs for people aged 18 years and over are located at:

- Brisbane North – Caboolture, Deception Bay, Redcliffe, Strathpine
- Brisbane South –Beenleigh, Beaudesert
- Gold Coast – Burleigh, Nerang and headspace Southport
- Sunshine Coast – Maroochydore
- Central Queensland – Gladstone, Rockhampton, Biloela, Yeppoon, Mt Morgan, Mackay
- North Queensland – Ayr, Cairns, Charters Towers and Townsville
- Darling Downs – Toowoomba and Dalby
- South Burnett – Kingaroy.

Phone: 1300 727 957
Email: info@liveslivedwell.org.au
www.liveslivedwell.org.au
The Mount Isa Alcohol Tobacco and Other Drug (ATOD) Youth Service is funded to work with Aboriginal and Torres Strait Islander young people aged 12 to 17 years and their families.

The service delivers alcohol, tobacco and substance use harm prevention, early intervention and treatment services to reduce the uptake and rates of harm caused by alcohol consumption, smoking and use of illicit substances and inhalants by Aboriginal and Torres Strait Islander young people. All services provided by ATODS are free and confidential.

Mount Isa Alcohol Tobacco and Other Drug Youth Service

Services:

- Brief Interventions
- Counselling
- Outreach
- Withdrawal and management support
- Case management (including assessment & individualised care planning)
- Drop in clinic
- Group work/Education sessions (Including DRUMBEAT program)
- Aftercare referrals
- Liaison and advocacy
- Needle and Syringe Exchange Program
- Family support
- Community networking/ Secondary consultation to other services
- Health promotion

Geographical area:

North West Hospital and Health Service.

Based in Mount Isa with support offered to workers in surrounding communities including Doomadgee, Mornington Island, Cloncurry, Camooweal, Normanton, Julia Creek, and Dajarra.

Contact details:

Street address: Suite 6, Mount Isa House, 119 Camooweal Street, Mount Isa QLD 4825
Phone: 07 4744 9100
Fax: 07 4744 9124
Postal Address: ATODS Mount Isa, PO Box 222, Mount Isa QLD 4825
Noffs Queensland is a free and confidential service for young people aged 12 to 25 years, offering assessment and treatment for drug, alcohol and mental health issues, and via The Street University, we provide specialist engagement services and activities including creative arts, music, dance and visual art spaces.

**Services:**
- Counselling
- Case management
- Assessment
- Brief Intervention
- Outreach support
- Group education
- Drop In service called Street University

**Geographical area:**
Metro South Brisbane, Metro North Brisbane, Sunshine Coast, Gold Coast, West Moreton.

**Contact details:**
**Street Address:** Logan Street University, 4/21 Station Road, Logan Central QLD 4114
   Caboolture Street University, 7/29-31 King Street, Caboolture QLD 4510
   Gold Coast Street University, 4 Goodyear Street, Southport QLD 4215

**Phone:** 1800 753 300
**Email:** qldreferrals@noffs.org.au
**www.facebook.com/StreetUniversityQLD**
**www.noffs.org.au/blank/noffs-queensland**
ODYS provides free and confidential support to young people aged 12 to 24 who identify as LGBTIQAP+ Brotherboy & Sistergirl and their families, who live in South East Queensland. ODYS also provides consultation liaison, training and capacity building services to service providers and communities Queensland wide.

ODYS’ AOD workers provide AOD assessments and evidenced informed treatment services for non-indigenous and Aboriginal and Torres Strait Islander young people who identify as Sexually and Gender Diverse (Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Asexual, Pansexual) young people. These services are provided in culturally safe ways utilising the principles of family responsive practice, trauma informed practice and harm minimisation in order to reduce the harms associated with AOD use and to build young people’s resilience through connection to community and culture.

**Services:**

- Provide case management for young people who are homeless or at risk of homelessness
- Support young people to gain access to education, training and/or employment opportunities
- Facilitate peer support groups in a safe and supportive environment
- Encourage family or significant other involvement in all aspects of service provision
- Provide young people access to point of care sexual health testing
- Provide evidenced informed treatment and culturally appropriate interventions for addressing AOD use
- Provide specialist advice and supervision for other service providers Queensland wide via phone support or skype consultations
- Provide education and training around inclusive practice or other identified training needs

**Geographical area:**

Inner city Brisbane and surrounding areas.

**Contact details:**

**Street Address:** 5 Greensquare Close, Fortitude Valley, 4006

**Phone:** (07) 3257 7660

[www.opendoors.net.au](http://www.opendoors.net.au)
QuIHN (Queensland Injectors Health Network)

QuIHN is a statewide, not-for-profit and non-government service which provides a variety of health services to illicit drug users throughout Queensland. QuIHN is an 18 and over service.

Services:

• Methadone/buprenorphine for opioid dependence
• Sexual Health assessment and treatment
• Hep C treatment
• Outpatient Detox
• Generalist medical services
• One on One therapeutic counselling sessions
• Dual Diagnosis mental health group work
• Parent Child and family group work and education
• Case Management support
• Needle and syringe program
• Infection control training and education
• Relapse prevention support groups
• Health promotion targeting prevention of blood borne viruses and sexually transmitted infections
• Workforce development training specialising in counselling, and needle and syringe provision

Geographical area:

Brisbane, Sunshine Coast, Gold Coast, Townsville, Cairns.

Contact details:

Street Address: QuIHN Brisbane Region. 1 Hamilton Place Bowen Hills QLD 4006.
Phone: 07 3620 8111

Street Address: QuIHN Gold Coast Region. Shop 12/89-99 West Burleigh Road, Burleigh Heads QLD 4220
Phone: 07 5520 7900

Street Address: QuIHN Sunshine Coast Region. 59 Sixth Avenue, Cotton Tree QLD 4558
Phone: 07 5443 9576

Street Address: QuIHN Cairns Region. 60 Pease St, Manoora QLD 4870
Phone: 07 4032 1463

Street Address: QuIHN Townsville. Level 1, 25 Sturt Street, Townsville QLD 4810
Phone: 0437 789 894 or 0438 134 305
www.quihn.org
The Youth Alcohol and Other Drug Service (YAODS) Rockhampton is co-located with the Rockhampton Child and Youth Mental Health Service (CYMHS). The service aims to provide early identification, treatment and management of alcohol and other drug use with young people aged 12-17 (up to their 18th birthday) to reduce risks and harms associated with substance use in the Rockhampton region.

**Services:**

- Intake
- Assessment
- Evidence-based treatments
- Relapse prevention
- Outreach
- Referral to other services
- Drug and alcohol information and support to educators, carers and youth justice

**Geographical area:**

Central Queensland Hospital and Health Service District (Rockhampton and surrounds).

**Contact details:**

**Street address:** YAODS is located at Rockhampton Base Hospital, Quarry Street, Rockhampton QLD 4700
- **Phone:** 07 4920 5700

**Street address:** Rockhampton AODS is located at 156 Bolsover Street provide a range of AOD treatment services and programs for people 18 years and over
- **Phone:** 07 4920 5500
Youth and Young Adult Recovery Outreach Service (YYAROS) is an outreach program for the Salvation Army. It’s an Assertive Community Outreach funded by Queensland Government (Health) to provide Psychosocial Interventions to 15 to 25 years olds using alcohol and other drugs. It supports individuals in the geographical area which covers Ingham, Charters Towers, Ayr, Palm Island and Townsville.

**Services:**

There are three parts to the program:

1) Education - partners with organisations already active in the community to multiply their effectiveness. The outreach brings an AOD education component tailored to the particular context. One of the goals being to utilise this as a referral pathway into the service (assertive community outreach approach).

2) Diversion - for all participants, including individuals both ready and pre-contemplative in regards to changing their AOD use. This aims to build a community with a positive culture of peer support which engages in positive social events as well as life skills group work. This stage of the service utilises the Positive Lifestyle Program and LifeJET values based goal setting tool (where needed).

3) Intervention - the Bridge program will be utilized to support those ready to change their relationship with AOD, ideally within in a group work context.

Length of involvement in the program is not time limited. The length of engagement for each client is based on achievement/progress towards self-determined value goals and a healthy transition into lower risk circumstances.

**Other Information:**

The service uses the objective/evidence based assessments that other Salvation Army Recovery services use, at the commencement of the program and throughout - DTCQ, DAQ, DASS21, WHOQAL-8. The outreach is a team of three Youth Development Officers.

**Contact details:**

Street address: John Melton Black Drive, Garbutt QLD 4814
Phone: 07 4447 7158
Email: christopher.gray@aue.salvationarmy.org
www.salvos.org.au
Townsville ATODS Youth Outreach Service

The Townsville Alcohol Tobacco and Other Drug Service (ATODS) Youth Outreach team provides services to young people aged up to 25 years. The service aims to provide developmentally and culturally appropriate intervention across the continuum of care from early intervention to complex case management. The service accepts self-referrals through ATODS Intake service based at North Ward Health Campus or appropriate written referrals from other agencies with the young person’s consent.

Services:

- Outreach
- Assessment
- Counselling
- Evidence-based intervention
- Brief intervention
- Collaborative case management including family inclusion

Townsville ATODS Youth Outreach Service is part of the broader ATODS Townsville service including programs based at Palmerston Street Health Campus and North Ward Health Campus:

- Withdrawal service
- Assessment and counselling service
- Diversion and Recovery Team (Indigenous specific)
- Health Promotion
- Needle and Syringe Program
- Opiate substitution program

Geographical area:

Townsville Hospital and Health Service.
Outreach to Townsville area only.

Contact details:

Street address: Palmerston Street Health Campus, 190 Palmerston Street, Vincent QLD 4814
Phone: 07 4433 8030
Fax: 07 4433 9641
Email: Tsv-North_Ward-Admin@health.qld.gov.au
Postal Address: PO Box 5224 MC, Townsville 4810
YFS is a not-for-profit organisation that delivers a range of services to the people of Logan and surrounds. The service caters to people who are disadvantaged, vulnerable or want to improve their circumstances.

The YFS SHIFT program provides intensive case management services to assist young people 12-25 years old to achieve their goals around alcohol and other drug use and lead healthy independent lives.

Services:

- SHIFT Program
- Children, young people, family and relationships
- Case Management
- Disability
- Harm Minimisation
- Domestic and family violence
- Relapse prevention
- Housing
- Information and Referral
- Legal
- Information referral and assessment
- Mental health
- Money and home energy
- Social enterprise

Geographical area:

Metro South Hospital and Health Service district including Logan and Redlands.

Contact details:

Street address: 376 Kingston Road, Slacks Creek QLD 4127
Phone: 07 3826 1500
Email: yfs@yfs.org.au
www.yfs.org.au
(YETI) Youth Empowered Towards Independence is a safe, free and friendly community based organisation in Cairns, that works with vulnerable young people aged from 12 - 25 and offers a range of services and programs.

**Services:**

- Drug and alcohol counselling
- Case management support
- RADIO – Remote Alcohol and Drug Interventions and Outcomes – youth AOD treatment for young people in the Cape York and Torres Regions
- Youth friendly and culturally safe day program
- Support to reconnect with family
- Outreach
- Crisis intervention
- Activity groups
- Referrals to other services
- Interagency coordination and collaboration
- Same Sex Attracted Youth Intersex Transgender (SSAY IT) Group
- Just North – capacity building with youth workers and volatile substance misuse supply reduction
- Next Step – after Care transition from care supports

**Geographical area:**

Far North Queensland.

**Contact details:**

Street address: 3 Winkworth St, Bungalow, Cairns QLD 4870
Phone: 07 4051 4927
Email: coordinator@yeti.net.au
www.yeti.net.au
Amend (Support for pregnant women and mothers)

Amend is an Anglicare Southern Queensland program. It is a voluntary home-based relapse prevention and parenting enhancement program. Counselling and support is available free of charge to women and their families who live within the greater Brisbane region – from Burpengary to Waterford and from Wynnum West to Ferny Grove. Amend also services the Gold Coast, from Runaway Bay to Coolangatta.

Services:

The service offers 18 sessions of specialised, confidential counselling to pregnant and parenting women of any age who have children from 0-18 years. Amend supports those women who experience problems related to alcohol and other drugs and co-existing mental health problems.

- Information about the impacts of substance use during pregnancy, breastfeeding and parenting
- Creating social and community supports and finding substance-free fun, relaxing and creative things to do with your time
- Managing your money and making wise goals for the future
- 18 sessions of counselling and support to children and young people (0-18) affected by a parent’s or significant other’s substance use.
- Information and education on building a positive relationship between parent and child.
- Delivering individual and group-based harm minimisation education and information sessions.

Contact details:

Brisbane Main Office
Street address: Ground Level, 221 Logan Road (Access via Toohey St), Buranda QLD 4102
Phone: 1300 114 397

Gold Coast Office
Street address: The Cottage, 5 Olive Street, Southport QLD 4215
Phone: 1300 114 397
Email: MHFW@anglicaresq.org.au
betterrelationships.org.au/services/counselling/amend
FDS supports families of people engaged in alcohol and other drug use by providing a 24 hour Family support line (1300 368 186), Family support groups and a range of information sessions and presentations for a variety of audiences.

**Services:**

- 24 hour support line (1300 368 186)
- Family support groups in various locations. See the website for details (www.fds.org.au)
- Stepping Forward Information Sessions are 2 hour sessions, covering topics such as: Stages of Change and Balance Pole, Effective Communication and Alcohol and Drug information. Other sessions are also available.
- Stepping Stones is a 4 day psychoeducational program for families.
- One on Ones are 30-60 minute, one on one support sessions. This is not therapy, but a more personal support option for families. The aim of these sessions is to support families and provide other support options.

- FDS has Family Inclusive Practice workshops for those in the field. Contact FDS Head office for more information.
- FDS are also available to deliver community / public forum style presentations. Contact FDS Head office for more information.

**Geographical area:**

Family Support groups - Ipswich, Paddington, Redland Bay, Nerang, Maroochydore, Gympie, Northgate, Mitchelton, Redcliffe. Note – Group locations can change, contact FDS Head office for more information.

24 Hour Support Line – Australia-wide – 1300 368 186

**Contact details:**

Phone: 1300 368 186 (24 hour phone support)

Head Office: (02) 4782 9222 (24 hour phone support)

Email: admin@fds.ngo.org.au

www.fds.org.au
Alcohol and Other Drug Detoxification and Residential Services
Figure 2.
Detoxification Services in Queensland
Biala Acute Care Service is a Queensland Health service that provides outpatient detox (also known as withdrawal management) options for people seeking treatment for alcohol and other drugs.

Services:

- The detox service is provided by a team of doctors and nursing staff who provide daily physical review, usually for 5 - 7 days of treatment.
- If it is not safe to detox out of hospital, we can assist with admission to the Royal Brisbane and Women’s Hospital Alcohol and Drug Service.

Contact details:

Street address: Ground Floor Biala, 270 Roma Street, Brisbane, QLD, 4001
Phone: 1800 177 833
Hours: 7:30am - 5:00pm
Damascus Health Services provides detoxification and therapeutic treatment for patients aged 18 years and over with alcohol and/or prescribed and over-the-counter drug problems. Services are provided in a private hospital setting according to treatment goals.

**Services:**

Short-term goals include:
- Successful withdrawal
- Stabilisation of physical and psychological status
- Increased self-efficacy to cope with high risk situations
- Improved communication skills
- The management of mood fluctuations, anxiety and depression

Follow up program:
- Fortnightly family (or significant other) mornings

Relapse prevention program:
- The Couple’s Programme
- Therapeutic programme
- Day Program

**Other Information:**

Damascus will service any customers nationally with private health insurance.

**Contact details:**

Street address: 259 Wickham Terrace Brisbane QLD 4000
Phone: 07 3834 7019
Email: damascus_Intake@healthscope.com.au
www.damascushealthservices.com.au
Clarence Street (previously Adolescent Drug and Alcohol Withdrawal Service ADAWS)

Clarence Street operates a residential withdrawal service for young people aged 13-18. There are a range of free and confidential services to support young people who experience issues with substance use. Anyone can make a referral such as young people, their families, health and education professionals, and other youth agencies.

**Services:**

- Residential Withdrawal Program (young people 13-18 years)
- Individual counselling/support
- Harm reduction
- Relapse prevention
- Psychosocial interventions
- CBT and DBT Day Program - 5 days per week including therapeutic group program
- Drop In program
- Family focused interventions - individual, couple support, psychoeducation and counselling
- Health assessment nurse/GP including sexual health
- PIVOT - Vocational Training program including Certificate II and III in hospitality and retail

**Other Information:**

Statewide service.

**Contact details:**

**Street address:** 36-40 Clarence Street South Brisbane  
**Phone:** 07 3163 8400  
**Email:** clarencestreet@mater.org.au  
www.mater.org.au/clarencestreet
We are a private 104 bed voluntary mental health / psychiatric rehabilitation private clinic for people aged 18 years and over. On admission to Currumbin Clinic, each patient undergoes a comprehensive psychiatric, medical and nursing assessment. These assessments assist in formulating diagnostic and treatment plans to obtain the best individual patient outcome.

**Services:**

- 43 bed Drug and Alcohol Unit provides medically supervised detoxification from drugs and alcohol.
- As part of the detoxification process, we provide a three week drug and alcohol program which includes relapse prevention and lifestyle management strategies.
- Currumbin Clinic practises a wellness model and holistic approach to treatment. Personal training sessions, tai chi, yoga and meditation and expressive therapies such as music and art are included.
- Anxiety and depression inpatient therapy programs that deliver evidence-based therapies catering to a variety of needs and diagnoses.
- Currumbin Clinic Day Programs offer an extensive range of evidence-based group programs. These include Cognitive Behaviour Therapy, Acceptance and Commitment Therapy and a range of other programs that focus on the management of anxiety, depression, substance misuse and mental health.

**Other Information:**

Currumbin Clinic is a private service. There are fees associated with this, which may be covered by private health insurance.

**Contact details:**

*Street address:* 37 Bilinga Street, Currumbin QLD 4223  
*Phone:* 07 5534 4944  
Gindaja Treatment and Healing Centre

Gindaja Treatment and Healing Centre is a 19-bed hostel catering for both men and women aged 18 years and over with drug and alcohol related problems. The centre offers a holistic approach to the treatment and recovery of individuals with ongoing support and care.

Services:

Programs are available to individuals who choose to stay at Gindaja (residents) during the course of their treatment and others who attend during the day. A set fee is charged for those who choose to stay in the facilities. The treatment and healing process takes 12 weeks (3 months) for resident and non-residents to complete. Before admission, all clients are required to undergo a Medical Assessment and agree to the rules and guidelines. Programs listed below are offered to assist clients in addressing their social, emotional, spiritual and physical well being;

• AA 'Thought for the Day'
• Individual and Group Counselling
• Family Wellbeing
• Alcohol and Drug Prevention and Awareness Education
• Lifestyle Skills
• Leadership Programs
• Cultural Activities
• Physical Fitness Programs
• Welfare Support
• Women's programs
• Men's programs
• Outreach home visitations and follow-up
• Recreational Activities and Outings

Other Information:

Admissions are accepted by referrals from individuals, family members, Magistrates Court, local community court and health organisations.

Contact details:

Street address: Back Beach Road, Yarrabah, Queensland
Phone: 07 4056 9156
Fax: 07 4056 9274
Email: reception@gindaja.org
www.gindaja.org.au
Goldbridge Rehabilitation Services Inc.

Goldbridge provides effective recovery services for people (21 years and over) and families adversely affected by co-occurring alcohol, other drugs and mental health concerns.

**Services:**

- Long term, live-in alcohol and drug residential program.
- Transition Program for clients who have completed a Therapeutic Community Program
- A Therapeutic Community Program
- Continuing Care program for clients who have left Goldbridge.
- Families program for clients

**Contact details:**

Street address: 16 White Street Southport QLD 4215  
Phone: 07 5503 1255  
Email: info@goldbridge.com.au  
Gumbi Gumbi Drug and Alcohol Awareness Centre

Provides drug and alcohol education and rehabilitation services for people aged 18 years and over in the Rockhampton region. Delivers a culturally appropriate (for indigenous clients) and general service to people who are affected by the misuse of drugs and alcohol, especially where the misuse has led to their lives becoming unmanageable.

Services:

Residential Rehabilitation including:

• Group Counselling
• Individual Counselling
• Education Sessions
• Holistic Support
• Lower level detoxifications assisted by local Doctors
• Health Monitoring
• We also provide Non-Residential “Day” Programs

Other Information:

We take males and females clients. While we emphasise indigenous clients, we do also take non-indigenous clients. We consider applicants outside set region on case by case basis. We cannot as yet cater for families, couples, or children.

Contact details:

Street address: 25 George Street Rockhampton City QLD 4700
Phone: 07 4922 8355
Email: admin@gumbi.com.au
www.gumbigumbirockhampton.com
The Queensland Aboriginal and Torres Strait Islanders Corporation for Alcohol and Drug Dependence Service (also known as the Jessie Budby Healing Centre) is a three month inpatient residential program for people aged 16 years and over. Clients attend groups covering a range of topics related to recovery and rehabilitation. Clients also receive counselling from experienced psychologists/mental health clinicians and trained drug and alcohol counsellors. Social and medical assessment and specialised psychiatric assessment, treatment and referrals are also provided.

**Services:**

- Personal development
- Alcohol and drug education
- Relapse prevention training
- Daily living skills
- Group therapy
- Counselling
- Social and medical assessment
- Psychiatric assessment
- Physical and sexual health education
- Daily living skills
- Outreach services

**Other Information:**

The service targets those in South-East Queensland but also takes clients from all of Queensland, and northern parts of New South Wales.

**Contact details:**

Street address: 27 Llewellyn Street, New Farm QLD 4005  
Phone: 07 3358 5111  
Email: qaias@bigpond.com.au
Logan House

Logan House is a residential rehabilitation facility situated in a tranquil rural setting on the banks of the Logan River. The 37-bed centre provides a range of counselling, life and job skills training to adults aged 18 and over. The treatment program runs for six months, with transition housing available upon completion of the program.

Services:

- Our treatment program usually takes place over a six month period
- Our holistic program includes community based interventions, intensive therapies and takes a community approach to recovery
- We provide one to one counselling, groups and case management
- Treatment includes counselling, life and job skills training and access to specialist services from other agencies
- Supported accommodation to ensure recovery continues

Other Information:

You do not need a referral to stay at Logan House. Just give us a call on 1300 727 957 and we will have a chat to you to determine your needs. We also accept referrals from other health professionals, services and community and government organisations. During the first few weeks, you will be welcomed and introduced to the program. You will be allocated your lodgings and helped to settle in to the community. You will be assessed and provided with any medical treatment required.

Contact details:

Street address: 75-87 Kirk Road, Chambers Flat QLD 4133
Phone: 1300 727 957
Email: info@liveslivedwell.org.au
www.liveslivedwell.org.au
Mirikai on the Gold Coast offers a specialist live-in alcohol and drug rehabilitation program for young people (18-25), with short, mid and long-term stay options available.

Services:

- Mirikai Recovery Centre is a residential rehabilitation helping people aged 18 to 29 years
- Stay 28 Days: Our 28 Day Program provides intensive treatment, including one-to-one and group counselling
- Life Skills, Leadership Skills & OASIS: For those wanting to continue after the 28-Day Program, and a 10-week Life Skills program
- OASIS – an Outreach Accommodation Support & Integrated Services program

Other Information:

Friendly receptionists can be called on 1300 727 957 and will arrange for you to speak to an intake officer. Mirikai is not a detoxification facility. People come to the program drug free (other than prescribed medications) and alcohol free. Many residents will have had to participate in a detox program provided by another service before they will be accepted into the program.

Contact details:

Street address: 191 West Burleigh Road, Burleigh Heads QLD 4220
Phone: 1300 727 957
Email: info@liveslivedwell.org.au
www.liveslivedwell.org.au
Pine Rivers Private Hospital

Pine Rivers Private Hospital is a modern facility specialising in a wide range of mental health services for both inpatients and outpatients. The comprehensive Inpatient Group Program offers a number of group therapy sessions facilitated by our experienced clinical team.

The AOD inpatient program involves psychoeducational and skills focussed sessions derived from evidence-based therapies such as Cognitive Behavioural Therapy, Positive Psychology, Acceptance and Commitment Therapy and Mindfulness Practices. The program accepts people aged 17 years and over.

Services:

The program offers patients the opportunity to;

• Develop strategies to enhance mental health
• Enjoy creative and therapeutic activities
• Explore issues relevant to recovery
• Gain insight and understanding of mental illness and dependency
• Learn and practice new and adaptive coping skills.

We also offer:

• Electroconvulsive Therapy (ECT)
• Individual Therapy
• Transcranial Magnetic Stimulation (TMS)
• Outpatient and Day programs

Other Information:

Access to any of the inpatient programs at Pine Rivers Private Hospital is available via referral from your GP or psychiatrist. Patients must have private health insurance. Pine Rivers Private Hospital does not accept referrals for patients with a history of injecting drug use.

Contact details:

Street address: 34 Dixon Street, Strathpine QLD 4500
Phone: 07 3881 7222
www.pineriversprivatehospital.com.au
Royal Brisbane and Women’s Hospital (RBWH) Alcohol and Drug Service

The Hospital Alcohol and Drug Service (HADS) is a state-wide service providing inpatient withdrawal or stabilisation for people with alcohol and other drug dependency aged 18 years and over.

Services:

• Following an initial assessment, support will be provided through an admission to HADS, referral to a community alcohol and other drug service (AODS) or non-government agency.

• While in hospital there is support to withdraw from alcohol or other drugs through a medication regime, supportive counselling and group programme.

• We provide support to plan the next steps before leaving HADS which may include residential rehabilitation or accessing local supports or AODS within the community.

Other Information:

You will need an assessment before receiving an appointment. You can get an assessment at your local community Alcohol and Drug Service, your GP or by presenting to the Department of Emergency Medicine at Royal Brisbane and Women’s Hospital between 8.00am-7.00pm. Following your assessment, you will be given an appointment to discuss appropriate treatments available or be admitted for an inpatient stay at hospital.

Contact details:

Street address: Royal Brisbane and Women’s Hospital, Cnr Butterfield St and Bowen Bridge Rd, Herston QLD 4029
Phone: 07 3646 8704
metronorth.health.qld.gov.au/rbwh/healthcare-services/hospital-alcohol-drug
Moonyah is a residential drugs, alcohol and gambling program for men and women (18 years and over) consisting of a stage completion model. The stage completion model means there are a number of completion points throughout the program. The timeframe will be based on individual needs and decided collaboratively between the participant and staff. Referrals accepted Queensland wide.

Services:

- Counselling
- Relapse prevention
- Detox
- Gambling support
- Residential rehab
- Group work

Contact details:

Street address: 58 Glenrosa Rd, Red Hill QLD 4059
Phone: 07 33690355
salvos.org.au
Salvation Army Recovery Centre - Fairhaven

Fairhaven provides AOD services at two locations for people aged 18 years and over from anywhere in Queensland. The services are a residential detox and rehabilitation service at Eagle Heights and a assessment and admissions, out-patient program at Turning Point.

Services:

- Residential rehabilitation
- Detoxification
- Out-patient program

Contact details:

Street address: 5 Windmill St, Southport QLD 4215
Phone: 1300 111 827
www.salvationarmy.org
Shanty Creek is an Indigenous alcohol and drug residential rehabilitation centre located at Mareeba, west of Cairns. Shanty Creek helps Aboriginal and Torres Strait Islander people aged 18 years and over, mostly from far North Queensland.

**Services:**
- Case management & counselling
- Relapse prevention
- Life skills development
- A literacy and numeracy program
- Alcohol and other drug education programs
- Health and well-being education
- Cultural activities
- Mindfulness
- Arts and craft
- Recreational outings
- When it is time to leave our program, you will be offered the opportunity to stay in a recovery-based house, where you will receive ongoing support.

**Other Information:**
You do not need a referral. Just drop into the Shanty Creek Shopfront or call to have a chat about your needs and see if the program can help. The service also accept referrals from other health professionals, services and community and government organisations. After assessment, if you are accepted into the program, but have no way of travelling to Shanty Creek, transport can be provided.

**Contact details:**
- **Street address:** Suite 6, 135-141 Martyn Street, Parramatta Park 4870
- **Phone:** 0408 936 813
- **Email:** info@liveslivedwell.org.au
Stagpole Street Drug and Alcohol Rehabilitation Unit offers residential alcohol and other drug rehabilitation services (to people aged 18 years and over), predominately to Aboriginal and Torres Strait Islander peoples who make up approximately 80% of their client base. The unit specialises in offering culturally appropriate services to Aboriginal and Torres Strait Islander people whose lives are, or have been, negatively impacted from substance use.

**Services:**

- Rehabilitation program
- Aftercare support services
- Detoxification and withdrawal programs
- Case management and support programs

**Other Information:**

Based in Townsville

**Contact details:**

**Street address:** 7-9 Stagpole Street, West End (Townsville) QLD 4810
**Phone:** 07 4722 7130
**Email:** stagpolestreeetdaru2@bluecare.org.au
**www.bluecare.org.au**
Sunrise Way supports stronger and healthier communities through helping individuals (aged 18 and over) living with addiction to rebuild their lives.

**Services:**

- Residential Rehabilitation
- Counselling
- Group therapy
- Out-client day programs
- Life skills programs
- Transition program including transitional housing

**Other Information:**

Regional and rural Queensland

**Contact details:**

Street address: 9 Tourist Road, Toowoomba QLD 4350  
Phone: 07 4638 9091  
Email: info@sunriseway.com.au  
www.sunriseway.com.au
Teen Challenge provides drug & alcohol residential rehabilitation program in Toowoomba for both men & women aged 16 - 39. There is an 8 week day program operating in Toowoomba. Emergency accommodation on the northside of Brisbane for young men 16 - 25yrs. Please note this is a Christian faith-based service and may not be suitable for young people from different faith or cultural backgrounds.

Services:

- Residential Rehabilitation and Day Program that focuses on relapse prevention, identifying triggers, developing support networks and reconnecting with family and friends in the community.
- Emergency Accommodation for young men 16 - 25.

Other Information:

Darling Downs and West Moreton PHN fund day program for Toowoomba, no other services funded.

Contact details:

Head Office: 53 Prospect St, Gaythorne Q 4051
Phone: 07 3422 1500
Email: TCQLD@teenchallenge.org.au
teenchallengeqld.org.au
We Help Ourselves (WHOS) Najara

We Help Ourselves Najara is a 4 – 6 months residential drug free treatment program based on the Therapeutic Community model for men and women aged 18 years and over and is situated in the Nambour area of the Sunshine Coast Queensland.

Services:

Our programs aim is to provide a safe and secure environment where men and women who suffer from alcohol and other drug dependence and its related problems can concentrate on their recovery.

The therapeutic community (TC) model means that the community itself, through self-help and mutual support, is the principal means for promoting personal change. At WHOS, clients (referred to as residents) and staff participate in the management and day to day operation of the TC community, providing a safe environment. Residents are encouraged to take responsibility for themselves and build their awareness of the effect their behaviour has on themselves and the community around them. Residents live in separate gender bungalows on site. All residents participate in the running of the TC Community.

Day to day: Residents attend in-house groups covering topics such as:

• Drug dependence education including drug overdose and relapse prevention
• Social and communication skills, assertiveness skills and self esteem building
• Acceptance and Commitment Therapy groups
• Post Traumatic Stress Disorder groups
• Community ‘unity’ & peer feedback sessions
• Skills based education (e.g. communications skills, conflict resolution)

• Harm reduction including education on HIV/Hep C as well as CPR information
• Each day, residents are also given free time to relax in the communal/lounge areas or socialise with each other over the pool table, table tennis or outdoor games like totem tennis and volleyball.

Other organised activities include:

• Physical exercise such as bushwalks and outings
• Wellness sessions e.g. meditation, yoga, exercise
• Activity nights once a week such as karaoke, trivia etc.
• Sunday special activities

Contact details:

Street address: 404 Image Flat Rd, Nambour QLD 4560
Phone: 07 5476 0877
Email: najara@whos.com.au
www.whos.com.au